

The Peerian Journal

Open Access | Peer Reviewed

ISSN (E): 2788-0303 Email: editor@peerianjournal.com

Technology for Obtaining Functional Flour from Barley Grain

Sarbalaev Farrukhbek Nabievich

Senior lecturer of the Department of Food Technology, Tashkent Institute of Chemical Technology, Republic of Uzbekistan, Tashkent E-mail: sarbolayev_f@mail.ru **Bekmirzaev Shokhrukh Ikrom ugli**

Assistant of the Department of Food Technology, Tashkent Institute of Chemical Technology, Republic of Uzbekistan, Tashkent E-mail: shoxruxbekmirzayev91@gmail.com Jahangirova Gulnoza Zinatullayevna

Professor of the Department Food technology, Tashkent Institute of Chemical Technology, Republic of Uzbekistan, Tashkent E-mail: djaxangirova77dgz@gmail.com

Abstract: This article is devoted to the technology of obtaining functional flour from barley grain

Keywords: grain, flour, technology, production, product, requires searching, barley, pea, soy or white oat flour.

The creation of the material and technical base of our republic and the further improvement of the material well-being of the people requires the search for new sources of resources. This puts in the first place the issues of the development of social production, living and materialized labor saving, capital savings and the effective use of fixed assets.

The role of economists in solving such issues is great. Economists should be able to use resources competently, take into account changes in economic activity in a timely manner, correlate the level of production with the needs and demand of the market, improve holding calculations, promptly introduce new equipment and technology into production in all sectors of the national economy.

Bread is a food product obtained as a result of baking dough prepared with the addition (or without the addition) of flour, water, salt, sugar, butter, milk and other products using yeast and yeast. Wheat and rye flour are mainly used for making bread. Sometimes corn, barley, pea, soy or white oat flour is used as an additive. Bakery products with high nutritional value, excellent taste,



The Peerian Journal

Open Access | Peer Reviewed

Volume 18, May, 2023. Website: www.peerianjournal.com **ISSN (E): 2788-0303 Email:** editor@peerianjournal.com

unpretentiousness, good digestibility, ease of preparation, simplicity and stability of storage conditions are the main food of people on earth, and in some countries-the number one product in the diet.

The production process of bakery products consists of the following stages: reception and storage of raw materials; preparation of raw materials for production; dough preparation; dough cutting; storage and transfer of pastries and pastries to the retail network. Each of these stages, in turn, consists of separate production processes that are performed sequentially. As an example, it would be appropriate to familiarize yourself with the process of making a loaf, the recipe of which, in addition to wheat flour of the first grade, includes water, pressed yeast and salt. To simplify the example, it was assumed that the dough is prepared single-phase (without sourdough) in a way in separate sections.

Reception and storage of raw materials. This stage consists in the acceptance of the main and additional types of raw materials of cha entering the bakery, and placing them in containers and warehouses. Examples of the main raw materials are flour, water, yeast and salt, and additional raw materials are sugar, foods, eggs and other products included in the recipe of bakery products.

From the obtained raw materials, first of all from it, the laboratory staff of the enterprise selects a sample to check compliance with quality standards and baking properties. Preparation of raw materials for production. Laboratory with separate categories of flour (batches) available at the enterprise, it is recommended to prepare flour mixtures in proportions that meet the requirements of the bakery.

Mixing of certain categories of flour in specified proportions is carried out in special flour agitators, from which the mixture is pumped to a control sieve, and then to a magnetic cleaner. Then the mixture is transferred to the consumable silos, which are removed to prepare the required amount of dough.

In the baking of the dough, both the flour's own sugars and the sugars formed during the splitting of starch are involved. The specific sugar of flour becomes noticeable only at the initial stage of dough maturation.

Gas formation at the end of kneading the dough, at the stages of kneading and baking provides high-quality enrichment of bread. Gas formation at this stage is mainly closely related to the ability of flour to form sugar. Generally speaking, the gas-forming ability of flour is determined by its carbohydrate-amylase complex.

Conclusions And Results

In a dough made from flour with a low gas-forming ability, the flour's own sugar is consumed for baking already in the first hours of the baking process. The low gas-forming ability of flour does not allow for the availability of sufficient sugar at the end of kneading the dough, at the first stage of kneading and baking. Bread made from such dough has a small volume and low porosity.

The color of the crust of wheat bread significantly depends on the amount of sugar remaining in the cheese. The baked dough interacts with sugars, protein breakdown products, which remain intact as a result of heating the crust-forming surface of the product, forming yellowish - brown substances-melanoidins.

This provides a dark golden color of the bread crust, which is appreciated by consumers. To get evenly colored, evenly colored crusty bread, the amount of sugars remaining in the dough during



The Peerian Journal

Open Access | Peer Reviewed

Volume 18, May, 2023. Website: www.peerianjournal.com **ISSN (E): 2788-0303 Email:** editor@peerianjournal.com

baking is relative to the amount of dry matter 2...At least 3%. Too little residual sugar makes the dough saturated due to the fact that the crust of bread turns white even after prolonged baking at high temperature.

It should be noted that for current inspections there is no need to check the gas-forming ability of the dough made from 100 g of flour. For a dough made from 10-25 g of flour. At the same time, not only flour is saved, but also the space occupied by the equipment in the laboratory.

At such a moment, the results of the determination should be calculated in relation to the dough prepared from 100 g of flour. To measure the gas-forming ability of flour, various devices are used, which are divided into two groups: volumometric - devices that determine the volume of carbon dioxide formed, and manometric - devices that determine the pressure of the carbon dioxide formed. In the laboratories of bakeries, the gaseous capacity of flour is mainly determined by volumetric method, that is, by the volume of carbon dioxide formed.

References

- 1. Л.Я. Ауэрман Технология хлебопекарного производства. Учебник. 9-ое изд.; пере раб. и доп. /П од общ. ред. Л.И. Пучковой. СПб: Профессия, 2005. 416 с.
- 2. Л.Я. А уэрман, М.Г.Васиев М етоды органолептической оценки качества пш еничного хлеба. М.: ЦНИИТЭИ пищ епром, выпуск 6, 1981. 36 с.
- 3. M.G. Vasiyev, M.A. Vasiyeva, J.D. Mirzayev. Non, makaron va qandolat mahsulotlarini ishlab chiqarishda qoʻllaniladigan xomashyo va materiallar. -Toshkent: «Mehnat». 2002. 192-b.
- 4. M.G. Vasiyev, M.A. Vasiyeva, X.J. llalov, M.A. Saidxodjayeva. N on mahsulotlari ishlab chiqarish texnologiyasi. Darslik. -T oshkent. «Mehnat», 2002. 224-b.
- 5. Васиев М.Г. Новости науки, техники и технологии в отраслях хлебопекарного, м акаронного и кондитерского производства (аннотации научных работ по материалам И нтернета и реферативных ж урналов за 1998-2004 г.г.). Бухара, 2005.-124 с.
- 6. М.Г.Васиев. Н овости науки, техники и технологии в отраслях хлебопекарного, м акаронного и кондитерского производства (тексты научны х р абот по материалам И нтернета и и научно-технических и производственны х журналов «Х лебопродукты и «Хлебопечение России» за 2004 г.). Бухара, 2005. 152 с.
- 7. М.Г. Васиев. Новости науки, техники и технологии хлебопекарного и кондитерского производства (тексты научных работ по м атериалам И нтернета и и научнотехнического и производственного ж урнала «Х лебопродукты » за 2006 г.). Ч асть 1. Бухара, 2006. - 100 с.