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## Synergetic Analysis of Thinking as An attribute of The Human Spiritual World

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**Abstract:** In the article, cognition and thinking is analyzed as a complex social and dynamic system. The definitive essence of cognition is revealed from a synergetic point of view. From a philosophical point of view, the peculiarity of all signs and features of complex dissipative structures to the process of cognition is substantiated. And also knowledge is analyzed as the basis of the essence of man and human civilization. In addition, the constructive and destructive power of cognition is philosophically substantiated.

**Key words:** cognition, complexity, structure, definition, dissipation, synergetics, process, system, constructive, destructive, system analysis.

#### Introduction

We live in the 21st century, in a complex and contradictory reality, where problems of the spiritual and moral sphere, human moral values are under enormous pressure from economic, political and moral problems. The 21st century has blurred the contours of man's harmonious existence in the Universe: the powerful pace of scientific and technological progress, which has armed him with a variety of ways to control external reality, calls into question the possibility of man's control over his own inner world, torn apart by increasing stress, crises of self-awareness, alienation from nature, society, the very myself.

Man is not only a microparticle of the Cosmos, but also a huge, very complex and in many ways still mysterious world. The inner or spiritual world of a person is also a boundless cosmos of a wide variety of sensations and feelings, emotions and moods, plans and ideas, concepts and images, fantasies and ideals, values and theories. Therefore, man, his complex and mysterious world, has been the main subject of philosophy, psychology, and sociology for many centuries. The deeper we study this world, the more questions and controversial conclusions emerge about the complex composition of human spiritual and psychic existence. It is the spirituality of each person, people and society that determines the character, direction, rationality and future progress of human life. Berdiyaev values spirituality in this way: "The spiritual world is a meeting place of Divine nature and human nature. This meeting is the spiritual primary phenomenon."[1. P.42] During the development of humanity, numerous scientists in their scientific works and research have long studied the most complex facets, variability and uniqueness of human spiritual properties and made important scientific conclusions based on these studies.



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#### **Materials and Methods**

According to one of the founders of the synergetic concept, G. Heken, "In the observed world and the world around us, there is no system more complex than the person himself and human society." [8. P.72] Therefore, it is too early to say that scientific consciousness has achieved significant success in their study. First of all, it is necessary to give definitions about man as a unique spiritual-physical, natural-social phenomenon and about the world in which he will live and act, to instill the skills of independent search for truth, to create the need for self-education, self-realization, self-organization for successful activities that correspond to the constantly changing conditions of society. This is the key to the viability and sustainable development of both the individual himself and society as a whole. As the Russian philosopher A.V. Lukyanov correctly noted, "… the spiritual health of the nation today can only be ensured by multi-level social protection, which includes bodily protection, which, first of all, involves the protection of the human sensory world" [4].

#### Results

Today, synergetics is rapidly integrating into the field of humanities, the directions of sociosynergetics and evolutionary economics have emerged, they are used by doctors, psychologists and teachers, applications are being developed in linguistics, history and art history, and a project is being implemented to create a synergetic anthropology. Synergetics as a research area is brought to life by the need to find adequate answers to the global challenges faced by the development of modern civilization as a whole. In this regard, the theory of psychological systems (or psychosynergetics, which is the same), developed by V. E. Klochko, is one of the options for the development of postclassical psychology. In this theory, a person is understood as a self-organizing system, i.e. a system that generates psychological new formations and relies on them in its self-propulsion [2].

From the point of view of synergetics, human self-realization, which includes the process of selforganization, is impossible without orderliness, which does not imply external influence. The factor of system evolution comes into force, associated with the anti-entropic nature, caused by the accumulation of structural information, which contributes to the sustainable development of the individual, productive self-realization in the course of life [4]. Since man was initially given a special way of bodily existence, mental life and spiritual essence, the possibilities for the evolution of man, society, civilization and culture depend on all three Natures. An ontological phase turn of Society is possible only if the spiritual vector becomes the leader, and the bodily vector of material life becomes the slave. For many centuries, man, his complex and mysterious world, has been the main subject of philosophy, psychology, and sociology. The deeper we study this world, the more questions and controversial conclusions appear about the complex composition of human spiritual and mental existence. It is the spirituality of every person, people and society that determines the character, direction, rationality and future progress of human life. Spirituality is the source of all human creation. In this article we will make an attempt to analyze the spiritual world of man, its attributive, integral properties and consider its influence on social existence.

N. Berdyaev defines spirituality in this way: "The spiritual world is the meeting place of Divine nature and human nature. This meeting is a spiritual primary phenomenon" [1, p. 42]. In the course of human history, numerous scientists in their research have long studied the most complex facets,



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According to one of the founders of the synergetic concept, G. Haken, "in the observed world and the world around us, there is no system more complex than man himself and human society" [6, p. 43]. Therefore, it is too early to say that scientific consciousness has achieved significant success in their study. Spirituality is a consequence of well-being concerning each individual and society as a whole. The loss of spirituality inevitably leads to a violation of the style and way of life at all its levels: personal, family, social. Only a highly spiritual person is capable of purposeful self-reflection. A person with high spirituality allows him to organize his life and ensure the development of the entire society. Philosophers argue that spirituality purposefully elevates real personal values, giving human life the meaning of being in the Universe. The path of life is a constant appeal to spirituality, which awakens positive vital energy in a person. Spirituality is a person's unique focus on asserting himself as an individual, self-expression and critical assessment of his own thoughts, feelings and practical actions, regardless of generally accepted moral and legal norms, political attitudes, etc. Spirituality provides the main meaning of life, which allows a person to be a carrier sublime qualities that make him a dominant, or an active creator of order in himself and in the world around him. Spirituality gives a person an unprecedented opportunity to critically reflect on his own inner being. As a complex and multifaceted phenomenon, spiritual existence has its own attributive properties. "The word attribute comes from the Latin attributio - I betray, I bestow. An attribute, an integral property of an object, without which the object can neither exist nor be thought of" [4, p. 26]. An attribute gives an object or phenomenon integrity and consistency. Descartes considered an attribute as the main property of a substance, therefore, he considers extension as an attribute of a bodily substance, and thinking as an attribute of a spiritual substance.

### Conclusion

The spiritual existence of man is a boundless, complex and multifaceted world. It has many properties. But thinking, creativity and freedom, in our opinion, are attributive properties of this world. Without them, this world cannot exist and have meaning. Systematic study of this world increases the ability to study and understand the complex human world. Because, in our opinion, the study of man and his spiritual world is the main subject of philosophy, psychology and other social sciences. This makes it possible to get closer to this mysterious world. We live in a world where human influence on nature, society and the whole world is increasing every day. The study of man and his spiritual world makes it possible to understand where humanity is striving.

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